

**FEBRUARY 2012
OAK LAWN - HOMETOWN SD 123
HANNUM ELEMENTARY
BREAKFAST MENU**



Make Choices for a Healthy lifestyle!



Eat a variety of foods

Eat more fruits, vegetables & grains

Eat lower fat foods more often

Get your calcium rich foods

Be physically active



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast \$1.40 Milk 55¢		1 One Whole Grain Pop Tart w/Animal Crackers Mixed Fruit	2 Yogurt Cup w/Goldfish Graham Crackers Merry Cherry Juice	3 Cinnamon Bun Graham Crackers 100% Citrus Blast Juice
6 Chocolate Super Donut w/Vanilla Graham Bears Merry Cherry Juice	7 String Cheese w/Mini Bagel & Jelly Diced Peaches	8 Whole Grain Honey Bun Sweet Pears	9 Apple Cinnamon Breakfast Bar Diced Peaches	10 Jumbo Blueberry Muffin Fresh Orange Smiles
13 Cheerios w/Animal Crackers 100% Apple Juice	14 Yogurt Cup w/Goldfish Graham Crackers Chilled Applesauce	15 Chocolate Super Donut w/Vanilla Graham Bears 100% Citrus Blast Juice	16 French Toast Graham Crackers Chilled Applesauce	17 No School
20 No School	21 Super Donut w/Vanilla Graham Bears 100% Orange Juice	22 Jumbo Banana Muffin Mixed Fruit	23 One Whole Grain Pop Tart w/Animal Crackers Diced Peaches	24 Apple Cinnamon Breakfast Bar Fresh Orange Smiles
27 Jumbo Blueberry Muffin Chilled Applesauce	28 String Cheese w/Mini Bagel & Jelly Crisp Apple	29 Super Donut w/Vanilla Graham Bears Fresh Orange Smiles		

Questions about the menu?
Call
708-499-6400
Ext. 4305

A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.



PLEASE NOTE
Menu changes may be necessary. Notice will be given when possible.
Milk offered daily. *Contains pork ** Fully Cooked Poultry

