



# JANUARY 2012

## OAK LAWN - HOMETOWN SD 123

### MIDDLE SCHOOL - LUNCH MENU

**Make Choices for a Healthy lifestyle!**

Available Daily

Pizza Selection  
Chicken Sandwich  
Nachos w/Meat & Cheese  
Burgers

Fresh Fruit & Veggie Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Lunch</b> <b>Milk</b>	<b>\$2.15</b> <b>55¢</b>	4 **Coney Island Corn Dog Seasoned Green Beans 100% Sour Apple Juice	5 **Chicken Wrap Up w/BBQ Sauce Whole Kernel Corn Chilled Applesauce	6 Salisbury Steak Sandwich Whipped Potatoes Mixed Fruit
9 Buffalo **Chicken Nuggets w/Ranch Celery Sticks w/Dressing Diced Peaches	10 BBQ *Rib Sandwich Veggie Baked Beans Fresh Orange Wedges	11 Hot *Ham & Cheese Potato Rounds Chilled Applesauce	12 **Turkey Fritter on a Bun Whipped Potatoes Garden Peas	13 Italian Sub Sandwich Fresh Broccoli Buds Sweet Pears
16 <i>DR. MARTIN LUTHER KING'S BIRTHDAY</i>  <i>NO SCHOOL</i>	17 **Hot Dog Veggie Baked Beans Crisp Apple	18 Soft Shell Tacos w/Meat & Grated Cheese Refried Beans Diced Peaches	19 Pizza Dippers w/Red Sauce Mixed Vegetables Chilled Applesauce	20 Grilled Cheese Garden Peas Mixed Fruit
23 Nachos Supreme w/Taco Meat & Grated Cheese Mexi Rice Whole Kernel Corn Merry Cherry Juice	24 Meatloaf Sandwich Whipped Potatoes Mixed Fruit	25 Cheesy Flatbread Pizza Fresh Broccoli Buds Sweet Pears	26 Meatball Sandwich w/Red Sauce Seasoned Green Beans Diced Peaches	27 Creamy Macaroni & Cheese Garden Peas Crisp Apple
30 <i>HALF DAY</i>  <i>NO LUNCH SERVED</i>	31 **Chicken Wrap Up w/BBQ Sauce Garden Peas Mixed Fruit	[Empty Box]		

**Questions about the menu?**  
Call  
**708-499-6400**  
Ext 4305  
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.



**PLEASE NOTE**  
Menu changes may be necessary. Notice will be given when possible.  
Milk & grain basket offered daily.  
\*Contains pork \*\* Fully Cooked Poultry