

GRATITUDE
CHANGES
EVERYTHING

A 3D graphic with the words 'GRATITUDE', 'CHANGES', and 'EVERYTHING' stacked vertically. 'GRATITUDE' is in pink, 'CHANGES' is in blue, and 'EVERYTHING' is in red. The letters are thick and blocky, casting shadows on a light blue reflective surface below. A faint 'dreamstime' watermark is visible across the middle of the text.

The
Giving
Tree

by
Shel
Silverstein



What are your thoughts after listening to the story?

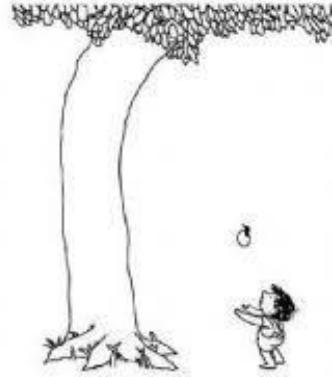
Turn and Talk with the students around you.

What do you think of the boy in the story?

What do you think of the tree?

Do you think the boy is happy at the end of the story?

Do you think the tree is happy?





What does it mean to be **GRATEFUL**?

Do you think the boy in the story
expressed his **gratitude** to the tree?



Teachers-

Please share a few things that make you feel grateful and explain why.



List things
or items
that you are
grateful for!

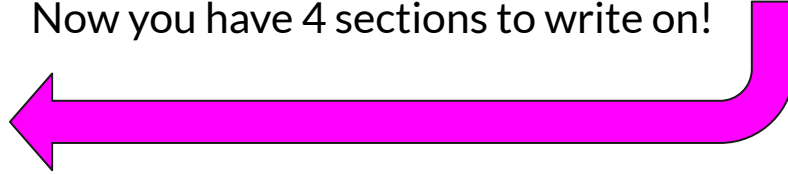
List people
at school
that you are
grateful for!

List people
outside of
school that
you are
grateful for!

List
different
ways you
can show
you are
grateful!

Let's think about what we are thankful for!

Take a piece of paper and fold it into fourths. Unfold it.
Now you have 4 sections to write on!



We will brainstorm and write down our ideas
in each section of the paper.

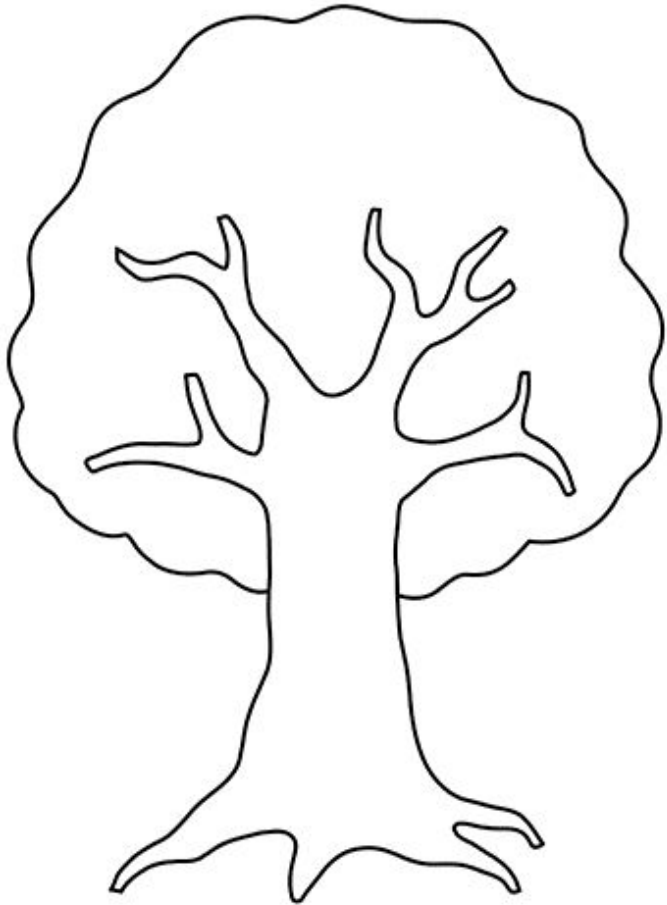
We will spend one minute on each section!



Choose one person you
are grateful for.

Write their name in the
trunk of the tree.

Write or draw all the
reasons why you are
grateful for that person in
the leaves of the tree!







Which of the following quotes stands out to you? Can you explain why?



Gratitude Quotes

- “If everything was perfect, we would never learn and we would never grow.” – Beyoncé
- “We are all more blind to what we have than to what we have not.” — Audre Lorde
- “Find the good and praise it.” – Alex Haley
- “Give thanks for a little and you will find a lot.” – the Hausa of Nigeria
- “Enjoy the little things, for one day you may look back and realize they were the big things.” – Robert Brault
- “Feeling gratitude and not expressing it is like wrapping a present and not giving it.” – William Arthur Ward
- “No gesture is too small when done with gratitude.” – Oprah Winfrey
- “At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us.” — Albert Schweitzer
- “The only people with whom you should try to get even are those who have helped you.” — John E. Southard
- “Kind words can be short and easy to speak, but their echoes are truly endless.” — Mother Teresa